



# APPLICATION FORM: MPhil (PUBLIC MENTAL HEALTH) 2025

ATTACH OR  
INSERT  
PASSPORT  
SIZE  
PHOTOGRAPH  
HERE

Would you like to be considered for a fellowship?	Yes	No
Would you be able to self-fund?	Yes	No

**INSTITUTIONAL PREFERENCE**

*Please indicate which University you are applying to:*

Stellenbosch University		University of Cape Town	
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**PERSONAL DETAILS**

TITLE	SURNAME		
FIRST NAMES			
AGE	DATE OF BIRTH	/	/
ID NUMBER/ PASSPORT NUMBER			
HOME LANGUAGE(S)			
RESIDENTIAL ADDRESS			
POSTAL ADDRESS ( <i>if different from above</i> )			
DISABILITY ( <i>please state nature of disability and details of special needs</i> )			
OCCUPATION			
EMPLOYER			
WORK ADDRESS			
TELEPHONE	(W)		(H)
MOBILE			

<b>EMAIL ADDRESS</b>	
<b>CITIZENSHIP</b>	

**LANGUAGE PROFICIENCY**

Please list all languages with which you are familiar. Indicate your proficiency in reading, writing, speaking and understanding by using the categories excellent, fair and poor.

Language	Speak	Read	Write	Understand

**EDUCATION (please list in reverse order)**

Please attach original university transcripts as well as certified copies of all degrees and certificates.

Qualification	Year graduated	Institution	Duration of qualification in years (as per university prospectus)	Marks obtained

**OTHER RELEVANT QUALIFICATIONS / INFORMAL EDUCATION (please list in reverse order)**

Course	Institution	Year	Duration

**FORMAL RESEARCH TRAINING (please list in reverse order)**

*Please provide details of all formal research courses completed, and attach certified copies of results and/or certificates. These courses refer to specific research training courses, such as non-degree short courses. Please do not repeat the degree qualifications you listed above.*

Course	Year	Institution	Marks obtained (if applicable)

**RESEARCH EXPERIENCE (please list in reverse order)**

Year	Project Title	Type of Research	Role	Supervisor (if applicable)

**FAMILIARITY WITH COMPUTER AIDED DATA ANALYSIS PACKAGES**

*Please list all computer aided data analysis packages with which you are familiar, indicating your proficiency in use as excellent, fair or poor.*

Package	Poor	Fair	Excellent
Atlas.ti or NVivo			
SPSS or STATA			
Other			

**ACCESS TO TECHNOLOGICAL RESOURCES**

*Please tick all that apply.*

Resources	During office hours	After hours	During office hours & after hours
Reliable internet access			
Desktop computer			
Laptop			
Smartphone			

**PUBLICATIONS (please list in reverse order i.e. the most recent first)**

*Provide full reference.*


**PRIZES/AWARDS RECEIVED (please list in reverse order)**

Year	Details

**OTHER RELEVANT EXPERIENCE (e.g. teaching, leadership positions, etc)**

Year	Details

**OCCUPATIONAL HISTORY**

<b>CURRENT POSITION</b>			
<b>DATE COMMENCED</b>			
<b>MAIN RESPONSIBILITIES</b>			
<i>Please note: you will need to be released from your job and other responsibilities for full week days to attend the training programme online or in Cape Town from 13-31 January 2025.</i>			
<b>OCCUPATIONAL HISTORY (please list in reverse order)</b>			
<b>Dates</b>	<b>Position</b>	<b>Employer</b>	<b>Main Responsibilities</b>

## MOTIVATION

Please write a 1-1.5 page essay explaining why you would like to register for the MPhil in Public Mental Health, including how you will benefit (personally and professionally) from doing this course.

**Please outline some of the challenges you have experienced in the mental health field in your region (half a page).**

**How do you anticipate you will use what you learn from the course in your work and/or region (half a page)?**

## PLAGIARISM

Please write at least 250 words on: 1) what plagiarism is; 2) the types of plagiarism; and 3) the potential consequences of plagiarism. (Also, please note, do not copy and paste from any source. See *plagiarism definition*.)





Alan J. Flisher Centre for  
Public Mental Health

# MPhil (PUBLIC MENTAL HEALTH): BRIEF RESEARCH PROPOSAL

**Please note that your proposal will be put through Turnitin, a tool that checks for AI use and plagiarism in all forms.**

**In no more than 3 typed pages (excluding references) please set out the following, with a focus on the research methods:**

## 1. Provisional Research Title

## 2. Introduction/Rationale

*What is the context/background for your topic?*

*Think about: (i) what is known on the topic, (ii) what is not known on the topic, (iii) how your study will fill the gaps in knowledge and (iv) why this topic is important.*

## 3. Aim and Objectives

## 4. Research Methods

*This should include the following subheadings:*

### **a. Study Design**

*Note: What study design will you use to address your study aim and objectives? Make sure that you make it clear whether you will use quantitative or qualitative methods, or both.*

### **b. Setting**

*Note: Where will your study take place?*

### **c. Participants and Recruitment**

*Note: How and where will you recruit participants for your study? What are the inclusion and exclusion criteria?*

### **d. Procedure**

*Note: Give a precise description of the study procedure (replicability). Who will conduct the interviews or do the observations? Who will administer and score the tests/questionnaires? Where and under what conditions will the data be collected?*

### **e. Measures/Interview Guides**

*Note: Provide a detailed description of your data collection methods. For example, observations, interviews, tests, questionnaires etc. Describe and motivate for your choice of data collection method. If tests and/or questionnaires will be used: provide details on the development, reliability and validity of the instruments in your study population and context.*

### **f. Proposed Analysis**

*Note: Provide a description of the quantitative or qualitative methods that will be used to analyse the data, e.g., statistical procedures, such as t-tests or linear regression models, for quantitative data and type of analysis approach for qualitative data, such as thematic analysis.*

## 5. Ethical Considerations

## 6. References

**REFEREES**

Please identify two referees who are willing to write a letter for you. Once you have applied we will contact them directly to obtain their references. Please provide the names and contact details of your referees here.

<b>Name of Referee #1</b>	
<b>Position</b>	
<b>Institution</b>	
<b>Email Address</b>	
<b>Tel</b>	

<b>Name of Referee #2</b>	
<b>Position</b>	
<b>Institution</b>	
<b>Email Address</b>	
<b>Tel</b>	

**DECLARATION**

- I certify that the information supplied in this application is correct
- I certify that the brief research proposal is my own work and has not been used in a previous study (including a study protocol or research completed for a previous higher education qualification).

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**Signature of Applicant**

**Date**